2024/05/17 08:26 1/1 What is Learning

## What is Learning

## **Definitions of Learning**

There is no single accepted definition of learning, since it depends on one's point of view<sup>1)</sup>. Some of the definitions we found useful are listed here.

## Learning is:

- "acquiring new or modifying existing knowledge, behaviors, skills, values, or preferences and may involve synthesizing different types of information."<sup>2)</sup>
- "all relatively permanent changes in potential for behavior that result from experience but are not due to fatigue, maturation, drugs, injury, or disease." "3)
- "a relatively permanent change in behavior due to experience. This refers to a change in behavior, an external change that we can observe." 4)
- "a relatively permanent change in mental associations due to experience. This definition focuses on a change in mental associations, an internal change that we cannot observe." <sup>5)</sup>

See: Learning paradigms

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