Help

If you're not sure where to start:

- if **you are new** to the field, we suggest that you go to "Learning paradigms and theories" where you will find an overview that can be easily comprehended and followed. This is also the major part of the content of these pages.
- if you are **looking for something** specific, you might want to use the *search box* or the *site map*.
- if **you are wondering** how can all this be of use in educational practice, we compiled our list of conclusions under "implications".