What is Learning

Definitions of Learning

There is no single accepted definition of learning, since it depends on one's point of view¹⁾. Some of the definitions we found useful are listed here.

Learning is:

- "acquiring new or modifying existing knowledge, behaviors, skills, values, or preferences and may involve synthesizing different types of information."²⁾
- "all relatively permanent changes in potential for behavior that result from experience but are not due to fatigue, maturation, drugs, injury, or disease." "3)
- "a relatively permanent change in behavior due to experience. This refers to a change in behavior, an external change that we can observe." 4)
- "a relatively permanent change in mental associations due to experience. This definition focuses on a change in mental associations, an internal change that we cannot observe." ⁵⁾

See: Learning paradigms

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