

# What is Learning

## Definitions of Learning

There is **no single accepted definition of learning**, since it depends on one's point of view or a *learning paradigm*. Most commonly accepted **learning paradigms** suggest learning is:

- a visible change in one's behavior which can be measured<sup>1)</sup>
- the active process of acquisition (including insight, information processing, memory, perception) of new knowledge and developing adequate mental constructions<sup>2)</sup>
- a natural desire of human beings, a mean of self-actualization and developing personal potentials<sup>3)</sup>
- an active, socially enhanced process of knowledge construction based on one's own subjective interpretation of the objective reality<sup>4)</sup>
- the process of connecting to information sources containing actionable knowledge and maintaining those connections<sup>5)</sup>

Some **other definitions** of learning we found useful are listed here:

- *"acquiring new or modifying existing knowledge, behaviors, skills, values, or preferences and may involve synthesizing different types of information."*<sup>6)</sup>
- *"the activity or process of gaining knowledge or skill by studying, practicing, being taught, or experiencing something: the activity of someone who learns."*<sup>7)</sup>
- *"all relatively permanent changes in potential for behavior that result from experience but are not due to fatigue, maturation, drugs, injury, or disease."*<sup>8)</sup>
- *"a relatively permanent change in mental associations due to experience."*<sup>9)</sup>

1)

See: [Behaviorism](#).

2)

See: [Cognitivism](#).

3)

See: [Humanism](#).

4)

See: [Constructivism](#).

5)

See: [Connectivism](#).

6)

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7)

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8)

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